



Using SoulPancake in After School Programs

2018 Super Saturday

Facilitated By: Melissa Perez

[Link to Presentation: bit.ly/SuperSatSoulPancake](http://bit.ly/SuperSatSoulPancake)

Hello!

Introduction:

- Melissa Perez
- Supervisor, Child Development Services, Fullerton School District
- 16 years working in ASES Expanded Learning
- Child Development & Chican@ Studies



Objectives:

- What is SoulPancake?
- Benefits in Expanded Learning
- SoulPancake Series
- Supporting:
 - Enrichment
 - Social Emotional Learning
 - Youth Development



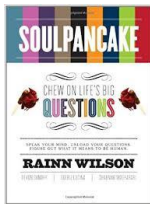
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What is SoulPancake?

Media company who uses the web to make social change!

“Spreads joy and celebrates the human experience by producing and curating uplifting, thought-provoking content that is distributed on television, online at live events and through branded engagements.”

—Rainn Wilson





Benefits
of using
SoulPancake
in Expanded
Learning

- Integrate Technology
- Integrate SEL- Social Emotional Learning
- Various Series that focus on real life stuff
- FREE!

Let's explore... go to:
www.soulpancake.com



Educators...

It is our job to make small shifts in perspective in a way to to make positive change.



WE MAKE STUFF THAT MATTERS

SoulPancake

WE CREATE CONTENT, ACROSS VARIOUS PLATFORMS, THAT
EXPLORES LIFE'S BIG QUESTIONS, CELEBRATES HUMANITY
AND CHAMPIONS CREATIVITY.

WE DO IT WITH INTEGRITY, HEART, AND HUMOR.

—www.soulpancake.com

SoulPancake Series that Support SEL & Character Building

Kitten Therapy:

The prescription for stress:

- How do you relieve stress?
- What are healthy ways to relieve stress and cope?

Science of Happiness:

An experiment in gratitude:

- Do the activity and write a letter to someone...

Zach Sobiech

<https://www.youtube.com/watch?v=sDC97i6llyc>

<https://www.youtube.com/watch?v=7zxXAtmmLLc&list=RD7zxXAtmmLLc>

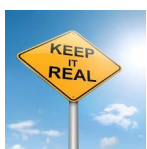
- Reflect on living a good life...

Helpful Series (contin.)...

“Kid President”



The POWER of Authenticity!



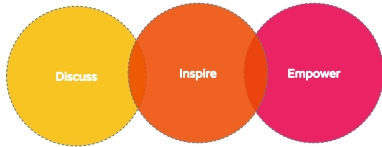
You can't manufacture "realness" It has to be engaging!

Enrichment Experiences

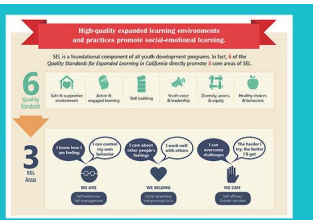
- Journaling
- Song-Writing
- Letters to those we care about
- Poetry
- Create their own videos
- Prompt questions...
- Art Projects



By using videos in Enrichment...



Social-Emotional Learning in Expanded Learning Programs



Supports Positive Youth Development

- Stand up to others in a kind and compassionate way
 - Help improve the lives of others
 - Reach outside of comfort zones
- * Teachers and Educators... this is what we do everyday!

Interesting points:

- Videos are translated professionally in 5 languages!
- Kids Can Do This Too...
 - "Man/Woman on the Street"-Life's Big Questions...
 - Asking kids to have deeper conversations...

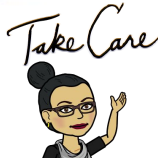
Review Objectives:

- Introduced to SoulPancake
- Discussed Benefits in Expanded Learning
- Explored SoulPancake Series
- Discussed Supporting Areas of:
 - Enrichment
 - Social Emotional Learning
 - Youth Development





Any questions or comments?



Credits

Special thanks to all the people who made and released these awesome resources for free:
Presentation template by [SlidesCarnival](#)
Photographs by [Unsplash](#)
