

Session 1 **8:15-9:15 a.m.****How to Support Emotionally Intelligent Kids - Hayley Goldberg**

Kids need time to feel their emotions before being expected to be calm. Discover ways to help children process their emotions, and learn strategies to help them calm down, solve conflicts and self-regulate. *Meeting Room*

Cultural Competence Awareness: a Critical Skill for Early Childhood Professionals - Claudia Martinez

Reflect on your own biases as you increase your understanding of cultural competence and its effect on young children.

MPR 1

Working Out the Wiggles: Ideas and Strategies to Manage Classroom Behavior - Marla Weingart

Help all kids be successful by learning strategies to work with strong willed children and classroom management tips. Action games to get out the wiggles, daily schedule tips, and thematic ideas for programs included! *MPR 2*

Understanding Intellectual and Developmental Disabilities - Christine Tolbert

This presentation defines Intellectual and Developmental Disabilities and provides the many resources available to you and your families. *Studio*

Heading Difficult Behaviors Off at the Pass - Part 1 - Brett Patterson

Learn techniques designed to help increase positive behaviors in the early childhood education classroom. *Craft Room*

Invitation to Play Through Creative Environments - Donna Schwartze and Bushra Rashid

Discover why and how to create dramatic play areas in your classroom. Specific examples will be presented. *Auditorium*

Sing, Play, Bounce, and Wiggle, Dayita Datta

Use music and movement to enhance mathematical intelligence and awareness through the use of games, songs, props, and dance. *Dining Room*

Session 2 **9:30-10:30 a.m.****Get 'Em Ready for Kindergarten - Cristina Blevins and Cinda Muckenthaler**

Review school readiness data collected through the Early Developmental Index (EDI) in Orange County classrooms. Using this data and focusing on the top domains of vulnerability, learn strategies to target prevention efforts and increase school readiness. *Meeting Room*

Supporting Outdoor and Nature Based PLAY - Vanessa Sener and Amber Durham

Learn how to promote, support, and encourage outdoor play, nature integration and environmental awareness with infants to Pre-K.

MPR 1

Welcome to Holland - Sandy Avzaradel

Explore ways to effectively communicate with parents about difficult topics as well as how to communicate with parents who are exhibiting challenging behaviors. *MPR 2*

Story Builders: Child Development and Neuroplasticity in Education - Kathleen Vokoun

The debate of nature vs. nurture is the origin story of child development. Come and learn the modern story of neuroplasticity and integration that shuts the book on this debate, while also making connections with the original authors in the field, including Erikson, Kohlberg, Piaget, and more.

Studio

Heading Difficult Behaviors Off at the Pass - Part 2 - Brett Patterson

Continue the conversation to learn how mindfulness helps shape positive behaviors and ways to leverage effective communication and healthy relationships to manage behavior. Learn to establish positive reinforcement systems as first-line interventions.

Craft Room

Bringing Literature to Life Through Storytelling and Performance - Donna Schwartze and Patty Nowicki

Learn how to get kids actively involved in story-telling that leads to their own creative expression. *Auditorium*

Self Care for the Caregiver - Annette Fettis

Learn about mindfulness and how to use the practice to reestablish emotional balance. Discover activities and practices focusing on breathing, attention to isolation of areas of the body, and how to identify and relieve stress in ourselves. *Dining Room*

Session 3 **10:45-11:45 a.m.****Got Speech? BEST: Tools for Increasing Communication - Alicia Young**

Communication is key in all aspects of daily life. What happens if there is a delay? When there is no speech output? When there is more than one language in a home? When behavior is a concern? Explore these topics and take home manipulatives, techniques and tools for immediate use *Game Room*

Feel All the Feels - Cristina Blevins

Review research and information on the importance of social emotional learning for children ages 0-3 years as well as strategies to teach emotional literacy and social competency to infants and toddlers. *Meeting Room*

Inclusion: What It Is – What It Is Not! - Darcie Kass

Delve into a deeper conversation about special populations and why *Inclusion* does not just apply to children with 'special needs'. Learn how to support children with developmental disabilities; English language learners, children who require incidental medical services; homeless; children and families from the LGBT Community; children exposed to trauma; children from migrant or military families, and those with challenging behaviors. *MPR 1*

Behavior 101: Addressing Challenging Behaviors in Preschool Classrooms - Sandy Avzaradel

Learn strategies to prevent challenging behaviors and discover reinforcement strategies to support ongoing positive behaviors in your program. Gain an understanding of pro-social skills that promote stronger social and emotional competency. *MPR 2*

Making Sense of Mindset: Why “Good Job” is Bad News - Kathleen Vokoun

Explore the world of growth and fixed mindset, and the science behind the research, as we uncover how the power of authentic connections, observation, and intentional language can set children on the path for growth. *Studio*

Inspire Your Students to Become Makers, “Tinkers” and Inventors Through STEAM - Judith Ross

Explore innovative ideas, resources, and materials for creating makerspaces in your classroom where students can tinker and invent! Discover how familiar foods, toys, and household items were invented. *Craft Room*

Mindfulness Games - Karina de Allicon

Practicing mindfulness on a regular basis can help lower stress, boost the immune system, and increase emotional regulation. Explore ways to practice mindfulness and introduce this daily practice to children. *Auditorium*

Session 4 **12:45-1:45 p.m.****Magical Moments - Discovering Secrets of Quality Learning and Teaching of Young Children - Dottie Jefferies**

Learn practical strategies and techniques to meet the cognitive and social emotional needs of children. Learn how to set competency goals that are measurable, and develop positive relationships between children, teachers, and family members. *Game Room*

Try a Calm Down Sandwich - Vibha Arora

Often times when our emotions or a students' emotions get triggered we all enter into a very reactive and nonproductive pattern. In this workshop, you'll learn effective ways to calm yourself and children to avoid reacting in a non-productive manner.

Meeting Room

Social Skills: The “Who”, “Why” and “What” but Most Important the “HOW” - Darcie Kass

Discover how social skills can help us share space effectively, keep us connected, and allow us to work and play together collaboratively. Learn how to teach social skills to reduce challenging behaviors in the classroom and encourage positive interactions. *MPR 1*

Scientific Method with Preschoolers - Kunaal Kumar

Learn how educators can utilize the scientific method and process to challenge and promote problem solving, abstract thinking, and critical thinking skills through hands-on exploration. *MPR 2*

Play is Science - Kristin Shepherd

Learn how the Scientific Method mimics the Natural Play Cycle and how child care providers and teachers can create an enriched environment to support child-directed free-play and encourage scientific thinking in the process. *Studio*

Build Children’s Math Concepts and Develop 21st Century Skills Through Play and Exploration - Judith Ross

Explore playful, standards based activities that ignite creativity, innovation, and collaboration. Count and sort with the “Go-Backs Box”, estimate with Wheel-O’s, discover innovative ideas for non-standard measurement, learn place value with “People Counters,” play “I Spy” shape games, and much more. *Craft Room*

Open-Ended Play: Experiential Training - Alex Yang

Open-ended play is an essential part of promoting creativity, collaboration, communication, and critical thinking skills. Experience the power of play firsthand by engaging in non-directive play. Additionally, participants will learn practical strategies to employ high quality play-based learning within the classroom through the use of open-ended materials, and intentional teaching methods. *Auditorium*